





# Team Building

# Empowering Teams Through Adventure at Crux Outdoors.

Across The UK's natural landscapes, we have meticulously crafted a series of adventures designed to fortify team spirit and camaraderie. Whether it's the thrilling ascent of rock climbing, the adrenaline rush of abseiling, the strategic challenges of orienteering, or the rugged terrains in our 4x4 driving experiences, we ensure that each activity is more than just an adventure — it's a lesson in teamwork, trust, and mutual respect.

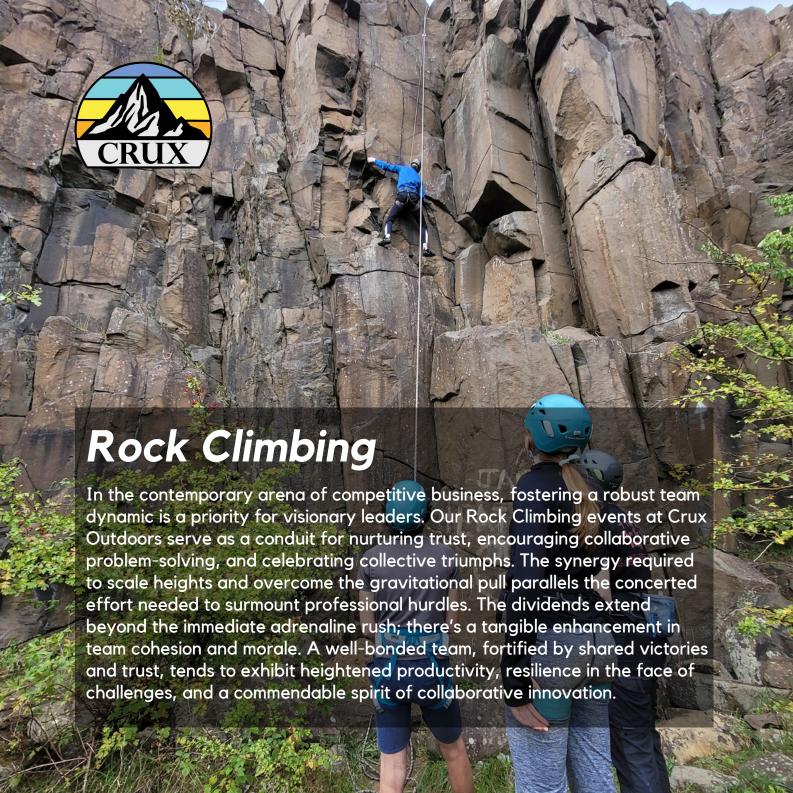
Our services range from public adventures, allowing individuals to connect with fellow enthusiasts, to bespoke events created exclusively for businesses keen on enhancing team cohesion and taking a rejuvenating break from the office environment.

We arrange team building activities across the UK and while each event will have its own bespoke plan and route, all follow a similar format.

#### **Format**

The day starts at our chosen venue, where participants gather for a brief orientation, followed by their selected adventure. Whether it's scaling rock walls, navigating rugged terrains in a 4x4, or deciphering orienteering challenges, each activity pushes teams to communicate effectively and rely on each other. Midway through, a break offers a moment for teams to refuel, reflect on progress, and strategize for subsequent challenges. Participants are asked to bring their own refreshments for this interval. The day wraps up with teams debriefing and recounting their shared experiences, ensuring lessons learned are carried forward.



















# Getting started

#### BRIEFING

via phone or video call

Every adventure we orchestrate is unique, tapping into a wide array of outdoor experiences beyond just established routes. Here's what we'll explore during our chat:

- ·Route / activity difficulty
- ·Bespoke options
- ·Location attributes
- ·Potential group size
- Preferred date and time
- ·Food and refreshment options
- ·What's included for guests
- Agree roles

With extensive knowledge of not only walking routes, but also cliffside locations, secluded hilltops, driving tracks, and more across the UK, we are poised to recommend the perfect adventure to fit your brief. Whether you have a clear vision or need guidance, we're here to help and advise on the array of successful outings we've curated

### **BOOKING**

PDF proposal sent via email

Once we've understood your requirement, we'll quickly revert with a proposal which will suggest a location, route overview (with distance, uphill and timing data), a potential schedule and of course our costs (with optional extras if required).

# Agree date & confirm booking

The important first step to confirming a booking is to agree a date. If inviting external guests, ideally you want to be allowing 8 weeks leadtime for the invitation and planning process ahead. We'll then send over our booking form including full event details to ensure clarity.

To arrange an initial consultation:-

Contact Tom Giles at: tom@crux-outdoors.com

# **Planning**

#### **INVITES**

# Preparing the list and content

No matter the audience we'll probably want to let people know they're invited as soon as possible and the one thing we definitely need you to do is produce an invitation list.

We recommend a short and sweet invitation is sent out directly from yourselves, even if a save the date initially.

We'll support on invitation copy and can help design something too. We're also happy to handle RSVPs on your behalf if you wish.

### **PLANNING**

## **Detailed logistics & planning**

Based on the original brief, we'll now be working on the granular detail of event delivery as well as contingency planning.

- ·Public / private transport options
- Parking arrangements
- ·Food & refreshment options
- ·Venue liaision
- ·Fine-tuning schedules

### **HEALTH & SAFETY**

### Recce & risk assessments

Behind the scenes, we'll be ensuring that colleagues and guests have a safe and enjoyable experience. New routes or activities will be subject to a recce and our risk assessment will feed into our guest packs.

### **GUEST COMMUNICATIONS**

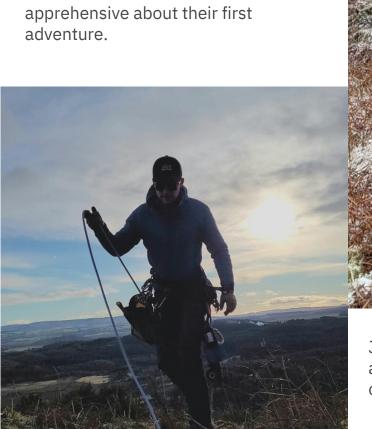
## **Guest pack & e-mail comms**

We'll create a branded event pack and supporting e-mail comms for your approval and will share this with guests in advance of the event. We can send directly and deal with any queries if you like. We do also ask guests to sign a risk disclaimer and confirm their attendance.

- ·Detailed route information
- ·Travel advice & schedule
- ·Equipment list
- ·Nutrition & hydration advice

All that's left is to look forward to the day itself and enjoy. See you in the countryside.

With an extensive expeditionary background and a career spanning over a decade, Tom has guided across the globe, from the towering peaks of the Himalayas to the dense jungles of Vietnam and the vast floodplains of the Zambezi. As the founder and Managing Director of Crux Outdoors, he combines his passion for the outdoors with a commitment to crafting unforgettable experiences. Tom excels in creating meaningful connections and building communities where individuals feel both challenged and at ease. Leading by example, he knows just how to reassure newcomers or those



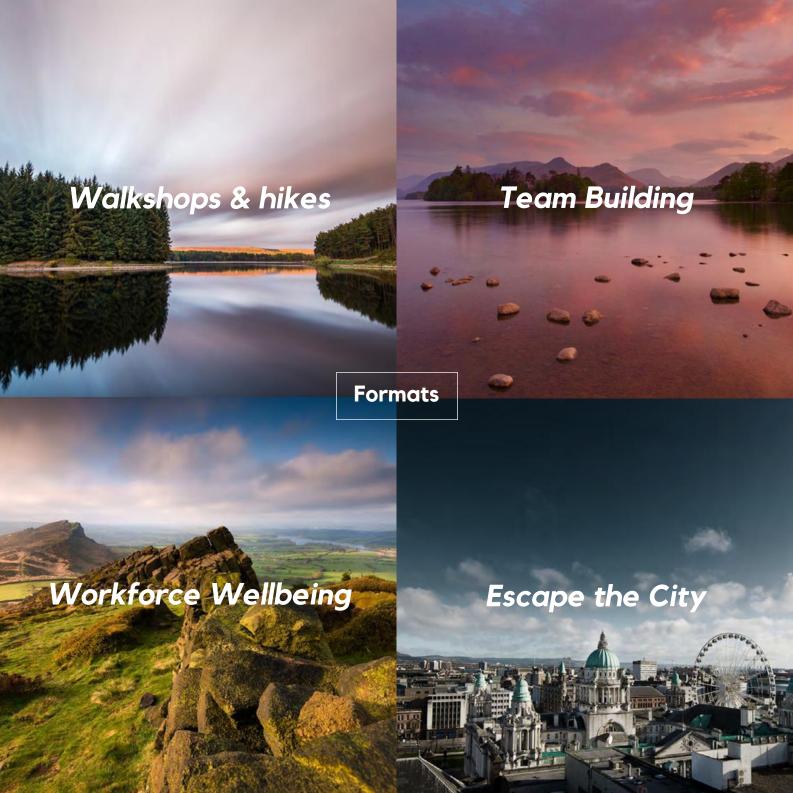


Join Tom in our endeavor to redefine outdoor adventures and inspire everyone to embrace the call of the wild.



# What's included

- Initial consultation and scoping to establish the appropriate format tailored to your preferences and goals.
- Comprehensive route and logistics planning, including venue liaison and selection to ensure a smooth experience.
- Creation of a branded guest event pack & supporting communications to keep everyone informed and prepared.
- Provision of legal disclaimers, relevant Covid guidance, risk assessments, and insurances for peace of mind.
- Event management and activity supervision provided by the appropriate members of our experienced team to ensure safety and enjoyment.
- Provision of all necessary equipment and safety gear specific to the chosen activity, ensuring a hassle-free adventure.
- Emergency preparedness with essential safety equipment such as GPS devices, first aid kit, and survival bag, ensuring a safe and enjoyable experience.





# Expect a very warm welcome.

Tom Giles, Founder

E: tom@crux-outdoors.co.uk

T: 07481776990

W: www.crux-outdoors.com